



HOSPITALIZED PATIENT GUIDE

Welcome to Clínica San Gabriel

Dear patient, on behalf of the entire medical, healthcare and administrative team, we cordially welcome you to Clínica San Gabriel.

During your stay we will put all our human and technological resources at your disposal in order to facilitate your diagnosis and treatment to see you recovered.

We will make your stay with us as comfortable as possible.



Information for your stay

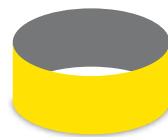
We are very concerned about your safety and care, for this reason you will be identified with:



White Wristband
Personal data



Red Wristband
Allergy



Yellow Wristband
Risk of falling

Please note the following indications:

- Smoking, vaping and drinking alcoholic beverages are not allowed in any part of the clinic.
- After 10:00 p.m., keep the volume of electronic devices at a moderate level.
- As biosafety measures, we will provide you with sterilized clothing and utensils for your use.
- The toilet inside the room is for the exclusive use of the patient. Visitors may use the restrooms for visitors, located on each hospital floor.
- We recommend not to bring valuables, such as jewelry, cash, etc. The clinic is not responsible for the loss of personal items.
- External food and beverages are not allowed.
- All medical and financial information will be provided to you or your designated responsible companion upon admission to your hospitalization.
- Medical discharge will take place in the morning, with the latest time being 11:00 am, unless otherwise indicated by a doctor.



The main objective of our efforts and innovations is the safety and recovery of our patients health.



Information for your stay

During your stay we will take care of every detail to provide you with a safe, quality service and we will be on hand to provide you with the support you require.

Hospitality Management

We will ensure the comfort within the room, the proper functioning of the infrastructure and the cleanliness of the premises.

Opening Hours:

Monday through Friday 7:00 a.m. - 7:30p.m.
Saturday, Sunday and Holidays 8:00a.m. - 1:30p.m.

Contact us at:  997 250 132



Hospital Admission

All information on coverage, letters of guarantee, account advances, balances and credits can be consulted at our hospital admissions offices.

Opening Hours:

Monday through Friday 7:00 a.m. - 8:30 p.m.
Saturday and Sunday 8:00 a.m. - 3:00 p.m.
Holidays 9:00 a.m. – 1:00 p.m.

Extensions: Head Office: 1616 | Coordinator:3637 | Discharges: 1797 -2702 | Letters: 1703



Hospital medical staff and nursing

If you have any questions about your treatment or medical evolution, you can contact the floor care team.

Quality Team

We will visit you on a daily basis to follow up on your hospital stay, guaranteeing your comprehensive care (medical visits, inter-consultations, auxiliary examinations and everything related to your care during your hospitalization), ensuring that it is completed on time and with the quality and safety you require.

Opening Hours:

Monday through Friday 7:00a.m. - 7:30p.m.
Saturday, Sunday and Holidays 8:00a.m. - 1:30p.m.

Contact us at:  946 508 495 - Extension: 1841



Our nutrition service

At Clínica San Gabriel we have a team of nutritionists dedicated to ensuring your health and recovery through a healthy, balanced and controlled diet, aligned with the indications of your attending physician in relation to your admission diagnosis.

The times we will serve your meals will be as follows:

Breakfast

7:30 a.m. a 8:30 a.m.



Luch

12:30 p.m. a 1:30 p.m.



Supper

5:30 p.m. a 6:30 p.m.



*Time ranges, subject to medical indications.

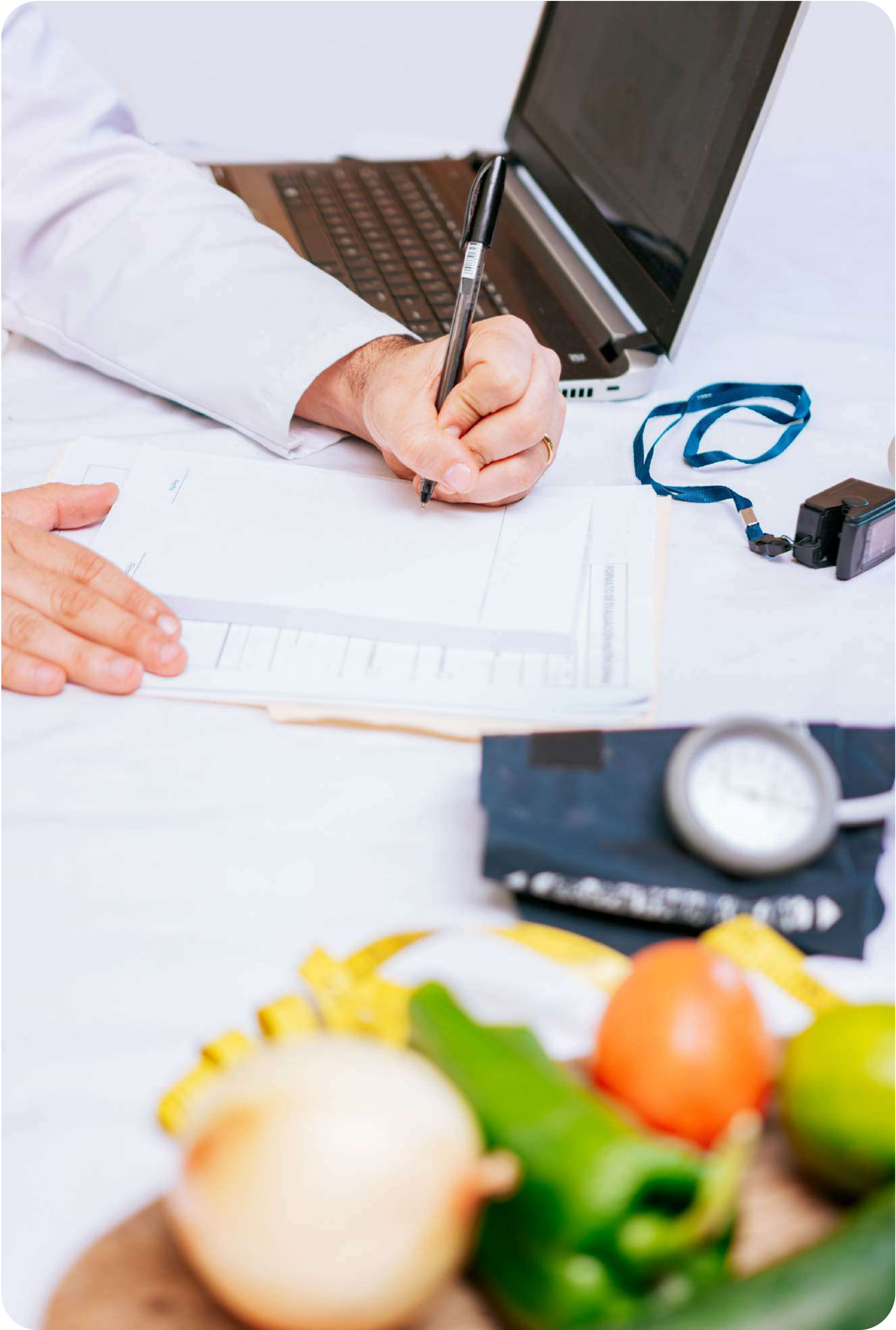
Types of diet, subject to diagnosis:



- FULL DIET
- SOFT DIET
- LIQUID DIET
- NBM DIET (nothing by mouth)

Other diets: According to diagnosis.

The diet is an exclusive service for the patient. Should you require the diet service for a companion, you may request it on an individual basis or if you have insurance, please check its coverage with our hospital admissions executives.



Responsible companion:

- Only one person should be assigned at the time of admission.
- Responsible for any administrative procedure.
- Is the only one designated to receive medical information on the patient.
- May request private diet and or insurance coverage, which will be charged to your account at the time of discharge.
- Can stay 24 hours in the clinic facilities, for which you can request a pillow and blanket, using the furniture located inside the room.
- Will have the benefit of requesting a vehicle pass at no cost, assigned to a single license plate, in the case of a accompanying minors (-18 years old), senior citizens (+65 years old) and pregnant women.
- Remind you that the toilets and supplies in the room are exclusively for patient use, you can use the public toilets located on each hospital floor.



Visitors

The visiting hours established by the clinic are:

Monday through Sunday: 8:00 a.m. a 08:00 p.m.

For their safety and that of everyone else, children under 14 years of age and people with vulnerable health conditions are restricted from entering.

- Visiting hours may be altered or suspended according to the demand of the service and/or procedures to be performed. This is established by the attending physician.
- Maximum capacity: 2 people.
- We may restrict the admission of visitors to the clinic in accordance with government health regulations in the event of a public health risk.
- Entry of external food and beverages is forbidden.
- Flower arrangements may remain in the room for a limited time during the visit, after which they must be removed.



Your doctor’s visit

All the information about your diagnosis, treatment and evolution will be provided by your attending physician or specialist, who will visit you once a day in your room; you will also have the permanent support of our hospital medical staff.

In order to guarantee the right to confidentiality of the medical act, all information on the state of health will be provided only to the responsible companion designated at the time of hospitalization admission.

Informed Consent:

In order to perform any surgical intervention, procedure or treatment, the patient's written consent is required. For this purpose, the physician will provide you with all the information, including the risks, adverse effects, as well as the benefits thereof. You will be given a document with all this information, which must be signed by you or the responsible person accompanying you.

Exceptionally and according to the physician's evaluation, in case the patient and/or responsible companion do not agree with any surgical procedure to be performed, they must sign the corresponding informed waiver.



Medication safety:

If you regularly take any medication, including natural medicine, homeopathic medicine, nutritional supplements, etc., you should inform your physician for knowledge and, if authorized, perform the reconciliation of permitted medications.

During your hospitalization, the nurse will administer only the medication prescribed by your physician in the medical record.



We will take care of the whole process of conservation, storage and dispensing of our medicines and will always be vigilant to ensure the quality of our products for the safety of your treatment.

Pharmacy Team



Medical discharge

Medical discharge is the culmination of your hospital stay, at which point your physician has verified that the treatment and care provided have been adequate for your recovery.



Administrative discharge

Once your medical discharge is completed, the administrative discharge process begins, which consists of closing your account, in order to provide you with the details of your total expenses during your hospital stay, which may take approximately 90 minutes depending on the complexity of the treatments received. When your hospital bill is ready, you will be able to make the payment through the following means:

In person: in the hospital admission area (1st floor). Payment can be made in cash or with debit or credit cards.

Bank transfer:
BBVA: 0011-0949-0100010526-50
BCP: 194-2357279-0-97
SCOTIABANK: 000-3859525

*If you choose to pay by bank transfer, you must send proof of payment via **WhatsApp** to **994-227926**
zlugo@sanpablo.com.pe / grios@sanpablo.com.pe / mtorrest@ sanpablo.com.pe

Important:

Once the administrative discharge process has been completed, you will have until noon at the latest to leave, otherwise you will be charged a daily surcharge.

- Discharges processed until noon do not generate a surcharge.
- If you have additional questions about your account or discharge process, please contact Hospital Admission.

Once your discharge process has been completed, you will be given your discharge slip, after which nursing will give you the prescription, recommendations and documentation indicated by your doctor.

You are ready to go home!

Please follow all recommendations given to you by your physician to the letter.

In **Clínica San Gabriel** we offer you the outpatient consultation service, in order to carry out your respective check-ups

Our specialties

- Allergology
- Cardiology
- Pediatric Cardiology
- Head and Neck Surgery
- Hand Surgery
- General Surgery
- Oncologic Surgery
- Oral and Maxillofacial Surgery
- Pediatric Surgery
- Thoracic and Cardiovascular Surgery
- Peripheral Vascular Surgery
- Plastic Surgery
- Dermatology
- Endocrinology
- Pediatric Endocrinology
- Endodontics
- Gastroenterology
- Geriatrics
- Obstetrics and Gynecology
- Oncologic Gynecology
- Clinical Hematology
- Infectology and Tropical Medicine
- Mastology
- Physical Medicine-Rehabilitation
- Internal Medicine
- Nephrology
- Pneumology
- Pediatric Pneumology
- Neurosurgery
- Neurology
- Human Nutrition
- Dentistry
- Pediatric Dentistry
- Ophthalmology
- Medical Oncology
- Otorhinolaryngology
- Pediatrics and Neonatology
- Periodontics
- Psychology
- Psychiatry
- Oral Rehabilitation
- Dental Prosthesis
- Rheumatology
- Traumatology
- Pediatric Traumatology
- Urology

We remind you of our service channels so you can book your appointment

From any phone
(01) 6142222

Via WhatsApp
998 125 912

Online from our
APP SAN PABLO



Clínica San Gabriel is internationally accredited by **Joint Commission International JCI**, for meeting the highest standards of quality and safety in patient care.



Organization Accredited
by Joint Commission International